

## Sleep Stick Pack Supplement Facts

Serving Size: 1 Packet (1.15 g)

Servings Per Container: 6

Amount Per Serving		% DV	Amount Per Serving		% DV
Taurine	500 mg	†	Citrus Bioflavonoids	20 mg	†
5-HTP (5-Hydroxytryptophan)	100 mg	†	Chamomile Extract	10 mg	†
GABA (Gamma-Aminobutyric Acid)	50 mg	†	Melatonin	3 mg	†
L-Theanine	50 mg	†	† Daily Value (DV) not established.		

**Other Ingredients:** Natural Flavor (Orange), Citric Acid, Organic Stevia Extract, and Natural Color (Beta Carotene and Beet Powder)

**Contains:** Soy